**Transition Year Opportunity**

Transition Year can give you opportunities to:

o Develop a variety of new skills

o Discover more about your own personal strengths - what you are good at

o Learn more about the working world through work experience

o Catch up on learning missed out during the Junior Cycle

o Discover more about job and career opportunities beyond school

o Explore the possibilities offered by computers and information technology

o Sample and discover new subjects o Build a solid foundation of skills for a Leaving Certificate programme

o Take part in outdoor pursuits o Learn about working as part of a team

o Practice and develop oral communication skills

o Establish contacts with young people in other parts of Europe

o Develop skills that are necessary o Hear adults talk about their career experience

o Learn through meeting people beyond the classroom

o Develop your own natural skills and talents

o Undertake projects on topics which interest you

o Make informed choices about Leaving Certificate subjects

o Practice meeting deadlines for assignments o Engage with civic, social and political issues and form

o Visit third-level colleges and other workplaces

o Improve your skills of relating to people

o Become a more independent learner

o Become skilled at planning and doing homework on our own

o Develop more understanding and confidence about yourself as a person

o Develop more mature student-teacher relationships

o Learn about leadership, co-operation and dealing with conflict

o Become more motivated for the Leaving Certificate programme

o Add a valuable set of experiences to your CV

o Become a more mature person